

# HEALTH & WELLBEING REPORT

## A Solar Writer Report for Whitney Houston



*Compliments of:-*

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**Whitney Houston**

**Natal Chart**

9 Aug 1963

8:55 pm +4:00

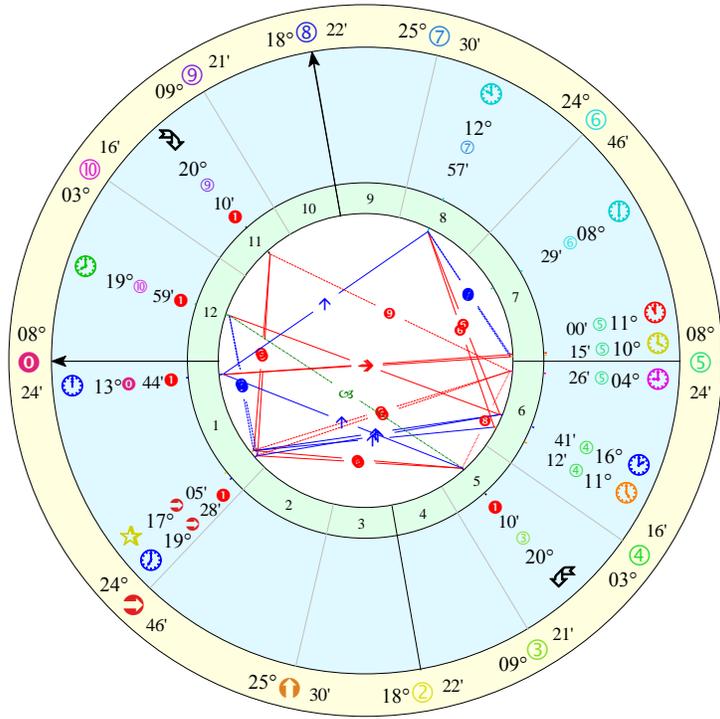
Newark

40°N44'08"

074°W10'22"

Tropical

Placidus



## Astrological Summary

### Chart Point Positions: Whitney Houston

<b>Planet</b>	<b>Sign</b>	<b>Position</b>	<b>House</b>	<b>Comment</b>
The Moon	Aries	17°Ar05'	1st	
The Sun	Leo	16°Le41'	6th	
Mercury	Virgo	10°Vi15'	7th	
Venus	Leo	11°Le12'	6th	
Mars	Libra	8°Li29'	7th	
Jupiter	Aries	19°Ar28'	1st	
Saturn	Aquarius	19°Aq59'	12th	
Uranus	Virgo	4°Vi26'	6th	
Neptune	Scorpio	12°Sc57'	8th	
Pluto	Virgo	11°Vi00'	7th	
Chiron	Pisces	13°Pi44'	1st	
The North Node	Cancer	20°Cn10'	5th	
The South Node	Capricorn	20°Cp10'	11th	
The Ascendant	Pisces	8°Pi24'	1st	
The Midheaven	Sagittarius	18°Sg22'	10th	

### Chart Point Aspects

<b>Planet</b>	<b>Aspect</b>	<b>Planet</b>	<b>Orb</b>	<b>App/Sep</b>
The Moon	Trine	The Sun	0°23'	Separating
The Moon	Trine	Venus	5°53'	Separating
The Moon	Conjunction	Jupiter	2°23'	Applying
The Moon	Sextile	Saturn	2°54'	Applying
The Moon	Sesquisquare	Uranus	2°21'	Applying
The Moon	Square	The North Node	3°05'	Applying
The Moon	Square	The South Node	3°05'	Applying
The Moon	Trine	The Midheaven	1°17'	Applying
The Sun	Conjunction	Venus	5°29'	Applying
The Sun	Trine	Jupiter	2°47'	Applying
The Sun	Opposition	Saturn	3°18'	Applying
The Sun	Square	Neptune	3°44'	Separating
The Sun	Trine	The Midheaven	1°41'	Applying
Mercury	Conjunction	Uranus	5°48'	Separating
Mercury	Sextile	Neptune	2°41'	Applying
Mercury	Conjunction	Pluto	0°45'	Applying
Mercury	Opposition	Chiron	3°29'	Applying
Mercury	Opposition	The Ascendant	1°50'	Separating
Venus	Square	Neptune	1°44'	Applying
Mars	Quincunx	The Ascendant	0°05'	Separating
Jupiter	Sextile	Saturn	0°30'	Applying

Jupiter	Sesquisquare	Uranus	0°02'	Applying
Jupiter	Square	The North Node	0°41'	Applying
Jupiter	Square	The South Node	0°41'	Applying
Jupiter	Trine	The Midheaven	1°06'	Applying
Saturn	Quincunx	The North Node	0°10'	Separating
Saturn	Sextile	The Midheaven	1°37'	Applying
Uranus	Conjunction	Pluto	6°34'	Applying
Uranus	Semisquare	The North Node	0°43'	Applying
Uranus	Sesquisquare	The South Node	0°43'	Applying
Uranus	Opposition	The Ascendant	3°57'	Applying
Neptune	Sextile	Pluto	1°56'	Applying
Neptune	Trine	Chiron	0°47'	Applying
Neptune	Trine	The Ascendant	4°32'	Separating
Pluto	Opposition	Chiron	2°43'	Applying
Pluto	Opposition	The Ascendant	2°36'	Separating
Chiron	Trine	The North Node	6°25'	Applying
Chiron	Conjunction	The Ascendant	5°19'	Applying
Chiron	Square	The Midheaven	4°38'	Separating

## Health and Wellbeing Report



### Introduction

Medical astrology is a complex branch of the astrologer's art. Many factors need to be taken into account when considering the overall health of the individual.

This report aims to give you a picture of some of the astrological indicators in the horoscope that correspond with your health and wellbeing.

The information in this report includes an assessment of your Natal Chart specifically focusing on health related matters. It includes a range of nutritional advice, stress management tips and therapy options. However, it is not intended that this report be used in place of a consultation with a qualified medical practitioner, nor persons qualified in complementary or alternative healing. It is vital to always seek out professional medical and nutritional advice where one's health is concerned.

This report aims to provide you with some useful tips about physical health matters and also about mental, emotional and spiritual wellbeing. This information is based on the author's own knowledge obtained over more than 30 years as an astrologer and healer as well as additional research she has undertaken. The main focus of this report is to point out the astrological indicators that can manifest as health problems, or imbalances, and to suggest possible causes and/or treatments that might be of benefit.

If a particular theme is mentioned more than once in several different sections, then it is worthy of special attention. Likewise, if there are contradictions between some sections, this doesn't necessarily mean that they cancel each other out; both are probably applicable at different times, or under different circumstances.

When reading this report, don't assume that all the health issues mentioned will actually manifest. This report includes an assessment of some of the most challenging aspects and planetary positions in your chart, and as a result it tends to focus on potential problems. It would be a mistake to assume that all the health issues mentioned in this report will actually be experienced. Be aware too, that our Natal Chart is not a static thing. It is a

symbolic representation of our potential, which unfolds and develops as we journey through life. Our conscious actions and choices play a key role in health too.

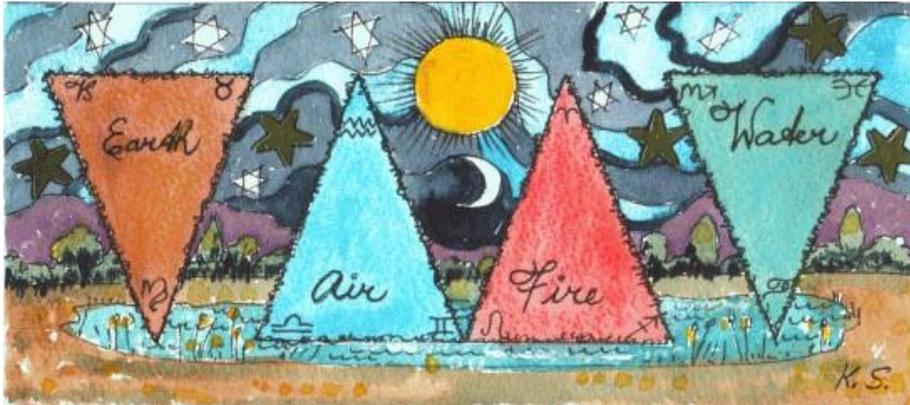
### **Disclaimer**

Essential oils should not be swallowed. If used in a burner, they should be diluted with water. If used for massage they should be added to suitable carrier oil such as almond oil, before use. Do your own research before using essential oils. Certain oils are not recommended for some conditions and some can be harmful and/or toxic. There are a number of contra-indicators to be aware of when using herbal treatments too. Some oils and herbs can be harmful during pregnancy and individual people can be sensitive or allergic to particular substances.

Herbal supplements, vitamins and minerals can be helpful in restoring health, but be aware that some substances can be toxic if used in excess and can have a detrimental effect on health. Some people are allergic to certain herbs and some herbal remedies are contra-indicated during pregnancy. Seek professional advice from a naturopath or herablist before starting treatment.

The author takes no responsibility for any adverse reactions caused. The information in this report is offered as a guide to health. The author takes no responsibility for the specific use or application of information presented here, nor for any unwanted effects encountered. Do not attempt self-treatment for serious health conditions.

## Your Basic Health Needs



## Your General Temperament

The overall balance of Elements and Modes (also called qualities) is connected with our general attitudes and perspective and shows whether our values, point of view and style of expression are particularly focused towards certain tendencies of temperament, or whether there is some under-emphasis. The balance of Elements and qualities also relates to one's overall constitution. Where there is too much, or too little, of any Element or quality, there can be a corresponding imbalance that we need to address in order to bring about emotional, spiritual, mental and physical wellbeing. Fire provides creativity, confidence and energy, Earth gives practical skills and the ability to deal with reality, Air is associated with social and communication skills, while Water provides the capacity for intimacy, emotional connection and nurturing.

### *Element Fire is Strong*

It is quite vital that you have a creative outlet and a high degree of autonomy and personal freedom to feel a sense of wellbeing. You are a passionate, dynamic and creative person and you usually have a lot of energy. However, on occasion your output can be higher than your input and this can lead to burnout and fatigue. With too much Fire you can also be ultra-competitive, which can lead to exhaustion, circulatory diseases and accidents. Calming colours, such as blues and greens can assist to balance your excess of Fire. Meditation and relaxation are also important. You have enough heat in the body and adding to this with spicy food and alcohol can also cause health problems. You might need to eliminate these substances from your diet altogether, difficult though this may be. Try at least to reduce your intake of these heat-producing foods. Doing so will restore balance to your system.

### *Mode Cardinal is Balanced*

*...and Mode Fixed is Balanced*

*...and Mode Mutable is Balanced*

The Modes in your chart are balanced. This means that you possess the capacity for self-determination, initiative and leadership (Cardinal), along with persistence and resilience (Fixed) while also remaining adaptable and open to change and new

experiences (Mutable). You possess these three qualities in fairly equal measure, which is a sign that in your journey through life, you are able to call on these qualities when you need to. Having the Modes balanced also indicates that you are capable of attuning your inner self to your outer experiences. There are stages and cycles in life and you possess the necessary skills to manage and adapt.

### Your Emotional Health

The Moon symbolises our capacity to give and receive nurturing. Our feelings, emotions and personal inner life all relate to the Moon, as does food and nutrition. Our emotional wellbeing often relates to inherited patterns of behaviour from our parents and/or defence mechanisms that we learnt in childhood. The Sign in which the Moon is located will describe the way in which our need for nurturing and emotional security is sought and met. As adults, we still have a child within us that continues to seek comfort and protection.

#### *The Moon is in Aries*

In having your emotional needs met, you are direct in expressing yourself. Although you are independent and can cope by yourself, your emotions, passions and sexual energy are closely linked. If these needs are not being met, you can be forceful and demanding. In youth, you may have been prone to temper tantrums, which is a coping mechanism you learnt in childhood, but as an adult this behaviour is inappropriate and over time you will learn to grow beyond it. Even so, your emotional wellbeing comes largely from having a high degree of independence and having your desires met straight away. You are not long on patience and can become angry when you have to wait, or feel frustrated or upset. When your emotional needs are being met you are generous to a fault and give your time freely to anyone in need. You are a passionate, enthusiastic person, but you can be wilful. When under stress you can be prone to headaches as well as stomach acidity or gastric reflux, so it is probably a good idea not to eat or drink when you are feeling angry or upset. Peppermint tea can cool your overheated digestion.

Apart from the Sign of the Moon, lunar aspects describe our habits and moods. The moon travels quickly across the heavens and it is constantly forming aspects to the other planets and the Earth. The moon's aspects relate to these repeating patterns of behaviour that develop early in life. Our lunar aspects are familiar to us and comfortable; they are where we take refuge in times of stress and are therefore a key component of our wellbeing. Our emotional responses are seen in lunar aspects and so too are psychosomatic conditions, which are the body's reaction to emotional stress. The Moon symbolises the unconscious mind, where personal beliefs and emotional patterns are stored. Habits, phobias, fears and even physical problems that arise from stress can be eliminated using techniques such as hypnotherapy and behavioural therapies. Bad habits can be replaced by good habits that support health and wellbeing. Counselling and psychotherapy are also effective ways to heal emotional problems.

#### *The Moon is Conjunct Jupiter*

Your early life established a belief within you that you could overcome any limitation or

challenge. You formed strong views about the world and what your role in life was about and you developed leadership skills. You have a powerful belief in yourself and in your skills and ability, however this has the potential to become overblown. Your confidence may not truly reflect your capacity to manage. You are liable to bite off more than you can digest and are prone to be too confident and perhaps boastful. This tendency can also manifest in over-eating, or drinking too much alcohol both of which can damage your liver. Highly risky behaviour, over-exercising and other excesses can lead to accidents if you fail to take enough care and pay attention. These tendencies perhaps stem from childhood when you started acting out in order to get attention. Try to moderate your behaviour by setting limits and personal targets and goals that are not so massive. Use discipline to enhance your personal growth. Over time you will discover that 'more' is not necessarily better.

### *The Moon is Sesquiquare Uranus*

Your upbringing may have been quite radically different from what is generally considered 'normal'. As a result you may have developed certain eccentric behaviour or particular quirks. You think quickly and act independently and you have a high level of creativity, but your uniqueness may have an element of instability associated with it. For example you may experience mood swings or depression, or conditions such as epilepsy, nervousness or anxiety. The electrical pathways in your brain may function rather erratically at times and you may be prone to experience panic attacks and other disorders that could relate to a deep sense of insecurity. If so, the best approach to these issues is through regular therapy, but it is equally important to express your originality and creativity. When you get a creative idea you can quickly become obsessed, so try to stay grounded and not allow the excitement of the creative process to overwhelm you. If your active mind causes you to lie awake at night, the herb Valerian can still the mind and help you relax. Don't place any electronic equipment in the bedroom for this can disturb your sleep. Make time for gentle yoga, regular meditation, tai chi, or other calming exercises that help reduce stress.

## Your Vitality and Wellbeing



## Your Spiritual Essence

The Sun plays a vital role in matters of health. The Sun governs physical stamina and vitality. We get Vitamin D directly from the Sun, and a lack of exposure to sunshine can lead to a host of illnesses including seasonal depression, especially for those who live in extreme latitudes.

The Sun Sign will often describe our manner of self-expression. It can also reveal information about our physical type and the kinds of ailments that can affect us, including parts of the body that are affected by stress and genetically inherited conditions.

The Sun Sign represents the essence of who we are. It is largely associated with our sense of identity. As we move through life and learn more about ourselves, we tend to become more like our Sun Sign.

Early in life, the Sun Sign is more likely to express itself as ego. Later in life, as we come to know ourselves, our self-expression becomes more developed. Jung's concept of the 'Self' is also associated with the Sun Sign, which begins to emerge as we develop and mature. As we move through life, we move away from purely ego expression, towards a more comprehensive style of self-expression.

Stress can manifest according to the Sign in which the Sun is placed and this can affect our wellbeing and health. For example, when our ego expression is thwarted, if we lack confidence, or are fearful about expressing ourselves.

As we get to know ourselves and develop more fully, we become more conscious and aware, so our Sun Sign shines ever more brightly.

### *The Sun is in Leo*

You are an energetic, creative and confident person who is enthusiastic and optimistic about life. It is important that you have an outlet for your creativity. You have a strong sense of your personal identity and ego as well as a robust physical constitution. You do

not often become sick, but you can push yourself too hard and think you are invincible. You might need to learn to lessen the pace of living, particularly as you get older, and especially if you think that you are immune to ageing. On the other hand, you can be prone to bouts of laziness, so try to moderate your physical activity and exercise. You are not invincible, so pay attention to your health and always seek medical advice when you are unwell.

When you feel stressed you may experience back problems, heart palpitations, circulation problems, chronic fatigue or cardiovascular problems. Fertility problems can also be an area of concern for you. Most of these problems can be reduced by minimising stress. Try to limit your intake of spicy foods, minimise alcohol consumption, and avoid too many late nights. In winter try to get extra vitamin D as you can be prone to seasonal depression. Aromatherapy oils and herbs that can aid circulation include: Bergamot, Cedarwood, Lavender, Lemongrass, Rosemary, Sage, Sandalwood and Tea Tree.

Although you are a natural leader, one of your lessons is to let others have the spotlight once in a while. You do not need to be constantly at the centre of things, though you may feel that you do. You are loyal and supportive of others as well as being a leader. As you mature and move through life, you will come to understand that you can shine and be rewarded without having to be at the centre of things. You are naturally creative and it is important for you to have an outlet for self-expression, this might be expressed as a strong desire to have children. Try not to force your offspring into activities that you think will be good for them, nor try to live their lives for them. You are naturally generous and loving. Your children will return your generosity with interest.

### **Your Vitality - The Life Force**

The position of the Sun has a great deal to say about one's overall constitution, vitality and health. The House in which the Sun is placed corresponds directly with the time of day that you were born. Generally speaking, a person born during the day is thought to have a more powerful and dynamic solar energy and to be more extraverted and direct in their manner of self-expression, than someone born during the night, when more subtle night forces make for more introspection.

If you were born at sunrise, or in the middle of the day, the Sun is at its greatest strength and your solar forces are very powerful. As well as the House in which the Sun is placed, consider the Sun's Sign and the aspects it makes to other planets, all of which will provide more clues to the overall picture of health and life force. As well as vitality and energy, the Sun governs one's identity, creativity and self-expression. Without the Sun there is no life. Therefore, the relative position of the Sun says a great deal about the type of energy and life force that we possess.

#### ***The Sun is in the 6th House***

You are a very hard worker and like to do everything to the best of your ability. Your self-identity is largely determined by your work or job. However, you could be prone to digestive complaints or assimilation disorders, metabolic problems, or burnout, especially

if you feel unhappy in your occupation, or daily routine. Also make sure you watch what you eat, as you may be sensitive to particular foods. Most importantly, find an enjoyable job and change your routine once in a while, which will have an enormously positive effect on your wellbeing.

Your attitude has a large bearing on your overall health and happiness. You often worry about your health and have a tendency towards hypochondria. As you learn to go with the flow of life and discover more about yourself, you will find that you can stop trying to be perfect and just enjoy living. This will improve your general outlook and health. You were born just after sunset, when the Sun's rays are beginning to retreat at dusk, signifying that you are highly analytical and trying to make sense of your experiences. For this reason, you need to spend time alone on a regular basis, but don't isolate yourself too much from others. You set very high standards for yourself and like to be self-sufficient, but you can be overly focused on attaining perfection, which you never reach. Try not to put yourself under so much pressure. Learn to laugh more and make time to relax away from work. Try yoga, golf, Tai Chi or bushwalking.

### **Managing the Physical Demands of Living**

When challenging relationships are formed between the Sun and other planets, this can relate to internal and external stress factors that can lead to health problems, if ways are not found to balance their energies. The Sun is a vital component of life and vitality. These aspects can be potent indicators of one's overall health and wellbeing.

Magnesium, Iodine, Vitamin A and Vitamin D are ruled by the Sun. A deficiency or incorrect assimilation of any of these minerals and vitamins can be the cause of health problems when there are difficult aspects involving the Sun.

Also consider those vitamins and minerals that are associated with the planet involved in the challenging aspect with the Sun, for this too may provide clues as to potential deficiencies, that when brought into balance, can aid healing.

These challenging aspects involving the Sun can also symbolise aspects of our internal psychology that we need to integrate, so that they flow with more ease and work for us, rather than fighting with them, for we are really only fighting with ourselves.

#### ***Venus is Conjunct The Sun***

Sugar metabolism can be compromised when too much sugar and refined carbohydrates are consumed, therefore to avoid potential diabetes or pancreatic disorders, hypoglycaemia and other problems, the intake of sugar and processed food should be kept to a minimum. You may have a sweet tooth and you could be intolerant to wheat. Thyroid conditions, kidney problems, eating disorders, weight gain/loss, and issues involving poor self-esteem can develop as a result of stress build-up. A lack of B3 can result in skin problems such as dermatitis and even mental disturbances. Many of these conditions can be corrected by eating nutritious food, forging positive and supportive relationships and honouring your own values. The mineral copper and Vitamin E can be

of enormous benefit to your system. You are most likely highly creative or artistic and should try to engage in these activities on a regular basis. In addition, try to ensure that your diet includes plenty of vitamins, especially B and E.

### *Saturn is Opposite The Sun*

You take your responsibilities very seriously. Because of this tendency, you tend to worry and this can result in a range of stress related problems including bouts of depression. Try to laugh more and just enjoy living without worry or fear. Balance your responsibilities and capacity for hard work by scheduling time for your personal life and needs.

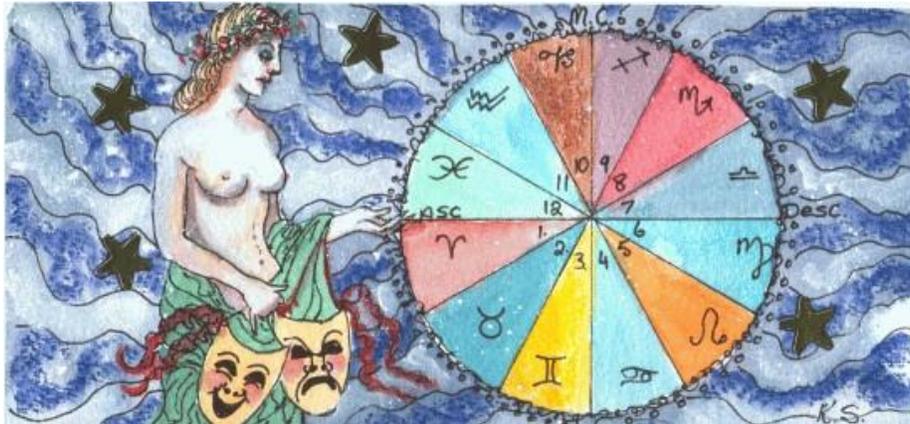
Your bones, teeth and joints can feel the effects of stress. Calcium, Fluorine, PABA, Sulphur, Vitamin C, Vitamin K and Vitamin P are important to include in your diet. Arthritis or poor calcium assimilation and skin conditions such as psoriasis can develop. Fear can play an important role in health too. You may experience certain phobias or fears that can block spontaneous expression, and which can impact on your health. Broken bones, and conditions such as osteoporosis are also possible. Regular chiropractic care and exercise may be of particular help to you. Slow metabolism or problems with the spleen or gall bladder are another area that can be affected. Vitamin D and calcium work together, so try to ensure you get enough of sunshine. Singing is an activity that can have enormous benefit to your soul.

### *Neptune is Square The Sun*

You are a highly sensitive and spiritual person who can be easily affected by the harsh realities of the world. Make the time for uplifting experiences such as spiritual activities, ritual, communing with nature, or expressing yourself through music or art. These things can make a real difference to your sense of wellbeing and your health. Doing so will also help to alleviate feelings of depression that can sometimes plague you.

Endocrine system problems or glandular malfunctions are possible and you are probably highly sensitive to drugs and alcohol. All drugs and chemicals should be taken in moderation, monitored for side effects, or avoided all together. It is possible that certain substances have a detrimental impact on your sensitive system and you can easily develop a dependency or allergic response. You might require more sleep than the average person in order to function effectively, so ensure that you rest when you need to. At times you may not realise just how much stress you are putting yourself through and can easily misinterpret or ignore physical symptoms. Ensure that you listen to your intuition, which will guide you through life. Seek out more than one opinion when you are ill, as misdiagnosis is possible. You may be called on to help care for others when they are ill. If so, try not to let this develop into a situation where you totally sacrifice your own needs.

## Your Health Factors



## Your Physical Body and Energy

The Ascendant is one of the most important factors to consider in determining one's overall health. The Sign on the Ascendant governs the physical body and one's immediate environment. It represents the interface between spirit and matter. The Ascendant often describes our physical appearance and the way we interact with others. The Sign that is Rising at your time of birth is usually quite obvious; often more so than the Sun Sign. The concept of the "persona" is thought to be associated with the Ascendant. This is the "mask" we wear, or the face that we show to the world and therefore the Ascendant Sign corresponds to characteristics that are immediately apparent. The Sign on the Ascendant also describes areas of the body where we might feel the effects of any stress that we encounter in our interaction with the world around us. The Ascendant will often describe those health conditions that manifest as a result of short-term stress. This area of the horoscope corresponds with acute health conditions and the stress we encounter when we are trying to fit in, or trying to put our best side forward, especially when we feel we must hide our true nature.

### *The Ascendant is in Pisces*

You are a sensitive and imaginative soul. You may need to develop a stronger sense of your identity and protect yourself from absorbing too much negativity from your immediate environment. Most medical problems associated with Pisces rising are brought about by this acute sensitivity. Drugs, be they prescribed or recreational, should be avoided, or used very sparingly, for it is likely that they can have a detrimental impact on your highly sensitive system. In particular, avoid alcohol. You could also be allergic to a variety of chemicals, or foods.

You are highly intuitive and probably very creative or artistic, perhaps also quite psychic. You are not really focused on your own physical body, and at times may not even be aware you have one!

Learning to get in touch with your body through a course in yoga for example, something that combines the spiritual and physical, will have a positive effect. This is an excellent

way for you to become more attuned to your body.

Pisces rules the feet, the lymphatic system, the fluids of the body and the glands, so problems can manifest in these areas, due to the cumulative effects of stress. Glandular fever is a Piscean ailment. You may also be prone to psychosomatic illnesses, which have their cause in unexpressed or unacknowledged feelings. You are also prone to catching viruses, colds and flu.

Reflexology is an excellent therapy for those with Pisces rising. You are highly suggestible and so hypnosis can also be a good way to heal.

It is important to make sure that you eat fresh and healthy food, which will help stave off health problems.

Living near the water and having a harmonious interchange with your surroundings is very healing and renewing to your spirit. Regular meditation can be useful too.

Aromatherapy oils and herbs that can assist you include: Basil, Bergamot, Clary Sage, Neroli, Patchouli, Sandalwood, Ylang Ylang, Geranium, and Camomile.

### **Your Strengths and Sensitivities**

The 1st House of your Horoscope and the Ascendant are associated astrologically with the physical body. The Ascendant is the place of interface between the physical and spiritual realms.

The Ascendant also describes your immediate environment and general physical type. Planets in the 1st House and in particular those that are in conjunction with the Ascendant, are considered to be very strong. These planets tell us something more about our physical appearance, vitality and manner of expression.

Any planets that make a conjunction to the Ascendant are especially powerful. These planets and any that are located in the 1st House should be taken into consideration when assessing your physical attributes and health.

Planets located here represent energies that are generally operating very consciously and their qualities are usually quite apparent to others too.

These planets will modify the expression of the Ascendant Sign, and in some cases may seem to contradict it, but taken together you will probably strongly identify with both the Ascendant Sign and any planets in the 1st House.

#### ***The Moon is in the 1st House***

You are a sensitive and highly aware individual. This sensitivity also applies to certain foods, chemicals and/or drugs and it is important that you find a way to protect yourself from taking on the psychic content of others, which can actually make you unwell.

Expressing your feelings is important for you and doing so will help you maintain optimum health. On the other hand, bottling up your emotions will likely make you sick. If you can't get things off your chest directly, then try writing them down, you will soon feel better. You might be prone to psychosomatic illnesses, which are more likely when you are feeling emotionally out of sorts and cannot pinpoint the exact reason for any feelings of unease. Wearing moonstone can help to balance your hormonal levels.

Your intuition and imagination are highly developed, so it is important you heed your instincts, especially during times of stress. Rest when you feel the need to. From time to time you may need to withdraw from the world in order to recuperate. You may find that you are a gifted healer and might be particularly helpful with children, or in healing those with mood disorders or psychological problems.

You may reach for food when you feel upset, in an attempt to fill yourself up emotionally. As a result you can be prone to weight-gain caused by oedema, or simply eating too much. Try to eat sensibly. Include fresh fruit and vegetables every day. Drink plenty of water and don't eat too much salt. Apple cider vinegar is a good source of potassium and can greatly assist when there is too much sodium in your system. It is also an appetite suppressant. Ensure you get enough B-group vitamins, which will assist your physical system to process emotional and psychic content.

### *Jupiter is in the 1st House*

You love life and see it as an adventure. You are usually optimistic, have a positive attitude and enjoy living life to the full. You may be prone to over indulgence in all manner things, including food and drink. Many people with Jupiter placed here, are big-boned, very tall or have a large-framed body and can gain weight easily. Watch your sugar and fat intake and check that you have no metabolic problems that might lead to obesity or diabetes. Try to eat sensibly. Try smaller portions if you are trying to lose weight and don't go overboard with indulgent activities. Sometimes you lack self-discipline.

You are usually confident, outgoing and extravert in your manner of expression but on occasion you can be lazy and over-confident, thinking that nothing can ever go wrong. You will probably have your fair share of good luck and opportunities. Make them work for you and try not to waste your good fortune. Include plenty of B-group vitamins in your diet, especially B6. Supplements of the minerals Manganese and Zinc can also be beneficial to your system. Liver cleansing now and then can be of tremendous benefit to your system; try dandelion tea.

### *Chiron is Conjunct The Ascendant*

You could experience some wounding in life that has a profound affect upon your overall approach and interaction with the world. This may be a physical wound that is immediately apparent to others, or it may be that it is a more private experience that none the less affects how you view the world and how others see you. These experiences may lead you to become involved in healing or teaching. You will likely find fulfilment in helping or healing others in some way. You might be sensitive to chemicals and drugs. It

is possible that at some point you could experience chronic health problems, so listen to what your body is saying and seek specialist help if required. You are likely to respond well to holistic and natural treatments and should not be fearful of trying alternatives as well as traditional healing. Using both will serve you well. Your personal healing journey will lead you towards inner wisdom and enable you to help others with similar experiences.

### **Inner Needs and Outer Experiences - Finding Balance**

When certain planets and the Ascendant are at odds with one another, we can experience inner tension and challenges that can feel as if we are being pulled in two directions at once. The Ascendant is that part of us that interfaces with our immediate environment, so when planets are in hard aspect to the Ascendant, we can encounter challenges as we try to express ourselves in the wider world. We can also experience issues that arise because there are differences between what we want to express and what we think is expected of us. Stress can build up over time if there is no outlet for self-expression, so these aspects can be potent indicators of one's overall health and wellbeing. As we learn to work with some of these challenges, they can actually help us to grow and to lead more purposeful lives.

#### ***Dispositor of The Ascendant (Neptune) is Square The Sun***

Your energy and vitality are strong and you strive to do your best. In all your activities and in your creative and self-expression you enjoy competition, in its many forms. In exercise and sport you also like to challenge yourself to do better. You strive for the highest standards in many areas of life and are usually confident that you can overcome any illnesses or setbacks that you encounter, but sometimes you can over-estimate your capacity to cope. Cardiovascular illnesses, circulation or back problems can develop if you push yourself too far, without taking into account the actual circumstances in which you find yourself. You have a powerful constitution, but stress can take its toll on your health if you think you are invincible and if you ignore limitations or practical considerations. Although you are very strong, you are not super-human. You may need to develop more perspective and find a healthy balance between activity and rest. Wearing Tiger-Eye crystal can assist you to express your passions in practical and sustaining ways. Magnesium and iodine, vitamin A and D are ruled by the Sun, so it is important you have enough of these minerals and vitamins to maintain optimum health.

#### ***Mercury is Opposite The Ascendant***

You are given to behaving in very spontaneous and changeable ways according to the whims of the moment and the people and circumstances in which you find yourself. You can be an extravert and also an introvert. You are highly adaptable and cope pretty well with the stresses of daily life, however you may be prone to catching viruses, colds and flu, gastric problems, or ingesting substances that have a detrimental effect. You may also experience accidents from a tendency to rush without enough forethought. Both respiratory conditions and digestive complaints may be associated with an underlying allergic response to certain foods or air-borne substances such as pollen or dust. Some of these symptoms may be brought on by too little thiamine (B1). Thiamine deficiency can

also result in nervous complaints and even nerve damage. Communication problems such as stuttering or autism may also be related to this aspect. You are highly capable and intelligent, but you are inclined to take on too much, perhaps because of a need to show others how efficient or clever you are. Try to keep an open mind as you learn from your experiences.

As you move through life you will likely grow out of most of these problems and develop a strong mind and a powerful way of expressing your opinions and ideas, without having anything to prove. Ensure you get enough B-Group vitamins, especially during times of stress.

### *Dispositor of The Ascendant (Neptune) is Square Venus*

You strive to develop close intimate relationships. Despite any setbacks you encounter in your dealings with people, you are still determined to find and establish supportive ties. You will make every effort to work at your personal relationships. However, as your values are important to you, you may be unwilling to compromise those priorities and values that are closest to your heart, just so a relationship can work. Once you establish your priorities, you stick to them, and you can sometimes be judgemental of those who see things differently. You may need to recognise your inner worth and that others' values have equal merit.

When things get out of balance in your personal life you can experience a range of conditions such as possible sugar problems, thyroid conditions, kidney problems, potential Vitamin E deficiency, eating disorders, weight gain/loss, or issues involving self-esteem. A lack of B3 can result in skin problems such as dermatitis and even mental disturbances. Ensure you get plenty of Vitamin B and E in your diet, which will assist during times of stress. You are probably highly creative and may possess artistic skills. Using these talents on a regular basis will be healing to your soul and fulfilling in other ways as well.

Finding a way to express yourself in accordance with your true values, while at the same time maintaining supportive and harmonious relationships, is one of your main challenges. Wearing Rose Quartz can assist in enhancing feelings of unconditional love, both giving and receiving.

### *Mars is Quincunx The Ascendant*

You are a fighter. You will stand up for your rights and for injustice and can be a powerful advocate for getting issues heard. Your competitive nature means you are capable of putting a great deal of energy into issues and causes that are close to your heart. This is a positive way to express your inner passions and you will discover it is also more worthwhile than simply focusing on expressing your ego, competing to attain personal goals, or having your own desires met. You generally have a great deal of energy and passion that fuels your body and mind, but try to ensure that you do not overdo things. Get plenty of vitamins and minerals, especially B12 and Iron and also try to make time to relax.

Taking things too far can result in cardiovascular ailments, high blood pressure, inflammatory conditions, problems with the adrenal glands, headaches, migraines and fevers. Anger can be the root cause of these problems. Anger management can go a long way towards a return to health. You may have sudden outbursts from time to time. Although these are usually short lived, they can have a dramatic impact on your relationships and your life in general. Swallowing your anger won't work either because repressed hostility can also lead to disease. Channel your energy and any feelings of frustration into sport, exercise, or make efforts to affect positive changes in the world around you.

### *Uranus is Opposite The Ascendant*

Being able to express yourself creatively is one of your most pressing needs. Finding an outlet for your particular talents is important for your sense of wellbeing, however you may find it difficult to find a vehicle or method to facilitate this expression. It is important that you honour your unique individuality and express yourself without fear. You are perhaps a rather eccentric person who may be misunderstood, or you may have trouble fitting in. Your interests, for example, could be unusual and your manner of expression can be difficult for people to understand. You tend to manage well on your own and your unique individuality is something of which you are proud, but you still need to find a way to interact with the wider world.

Stress can deplete your body of vitamins and minerals and can also result in a variety of nervous disorders. Conditions such as epilepsy, circulation problems, anxiety, or mental illnesses are possible. You could also experience some rare or unusual health conditions. At times you may feel isolated or misunderstood, and this can lead to feelings of depression.

It is important for you to express your individuality and creativity perhaps by developing more interaction with like-minded people. While it is necessary for you to recognise your uniqueness and to find your special niche in life, it is also important not to isolate yourself too much from others.

Learning yoga or Tai Chi could be highly beneficial for you, as these practises facilitate and enhance the natural flow of energy within your body and externally in your environment.

### *Dispositor of The Ascendant is Neptune*

It is important for you to develop a meaningful life philosophy and a creative outlet, for you are most likely a gifted artist. You can be prone to depression and moodiness, especially if you do not feel a spiritual connection with the natural world, nor have a belief system in which you can put your faith. You are a sensitive soul who is easily affected by your environment. Expressing your creativity through the arts will bring healing and a sense of belonging which is integral to your wellbeing.

In your efforts to feel a sense of belonging, you could try to forge connections with various people and/or groups including associations that are not really in your best

interest. Whether this is a conscious, or an unconscious journey on your part, either way, you are seeking to make spiritual connections that are meaningful and you give people the benefit of the doubt. You are a caring person, but you can sometimes end up being taken advantage of, because of your highly idealistic nature and your strong desire for meaningful connections. At times you can feel misunderstood, which can make you feel isolated, or depressed. Stress can result in problems with the various fluids of the body such as lymph circulation. You can also experience metabolic problems, endocrine system problems or glandular malfunctions. You are likely to be highly sensitive to drugs and chemicals, so you should try to avoid these substances as much as possible and/or monitor their intake for side effects. Avoid alcohol and recreational drugs. Certain substances may work as poisons on your delicate system, so try to eat well and limit your exposure to food additives and preservatives. You are highly imaginative and may need more sleep than the average person in order to function effectively. Coping with the harsh realities of the world can be traumatic for you, so endeavour to be involved with nature, animals, music and the arts as much as you can.

### *Pluto is Opposite The Ascendant*

You have a powerful energy that can cope with just about anything that comes your way. Your inner strength means you will fight against injustices as you seek to transform the world around you. You will fight for what you want in life; this includes your personal ambitions, but your biggest challenges and achievements have a more profound purpose.

It is possible that you come from a highly dysfunctional family background or that you will experience your fair share of difficulties. This can foster within you a deep-seated need to be in control of your own destiny. Your journey can take you from the depths of grief to the heights of success. More than anything else, you are a survivor who will pit yourself against any challenge life throws at you. Your wounds are both a source of pain and your greatest strength.

Pluto can be associated with genetically inherited conditions that can be difficult to treat. For you, stress can result in health issues involving the reproductive organs. Mental illness is also a possibility; this can include depression, bi-polar disorder, schizophrenia, and other similar conditions. Pluto can also represent life-threatening conditions, but equally it infers that you are a survivor and can overcome even the most difficult problems. It could be that a close family member is the one who experiences some of these challenges and that you are the one who has to deal with them. As a result of your experiences you may develop a strong interest in psychology and related fields, and you may be an agent for healing others, as well as yourself. It is important that you learn to let go of those things that you cannot change.

Suggested healing options that could be beneficial for you include: detoxifying, colonic irrigation, psychotherapy, hypnotic regression and family therapy. Whatever your situation, you have the capacity to rise above your problems and turn difficulties into personal milestones, even great achievements.

## Health Challenges



### Work and Health - Managing the Impact of Stress

The 6th House yields important information about one's health. The 6th House is also the House of work and daily activities, which indicates the connection that exists between all these aspects of life. The 6th House is also associated with our habits. To stay healthy it is important to eat sensibly, to establish good habits and to manage daily stress.

Planets connected to the 6th House often symbolise, or describe various parts of the body that we need to monitor for the effects of long-term stress.

Unlike the Ascendant and planets in the 1st House, which usually describe more acute physical conditions, the 6th House tends to correspond with more chronic health problems that can build up over time.

Our regular day-to-day activities, our habits, and our occupation are all connected with this House, the House of health. It can be difficult to change our habits and routines, but it is possible. By making conscious decisions that bring about better health, we can use the 6th House energies to establish healthy habits.

#### *Ruler of the 6th House is The Sun*

You are probably quite conscious of the importance of maintaining a healthy body and eating well. By paying attention to your health and diet, and by managing stress, you will be able effectively deal with any potential constitutional weakness. Health and healing could play a major role in your life. You may develop a specific interest in healing, or could be employed in this area. You will probably find that a large part of your life is spent focusing on health, work and your various daily responsibilities. Be aware that prolonged stress and bad dietary habits can lead to high blood pressure. Areas you should take special care with include your cardio-vascular and circulatory systems, your heart, your back and spine. Since your self-identity is largely determined by your work and being active, make sure that you make time to relax and take pleasure in what you are doing. Ensure you get plenty of Iodine and Magnesium in your diet as well as Vitamins A and D, especially during times of stress.

### *Venus is in the 6th House*

You are a person with a high degree of integrity. You have a strong interest in giving to others and in providing services that fulfil their needs and you give quite selflessly when called upon. At times you might over-value others and under-value yourself, which can affect your sense of wellbeing.

Day-to-day stress can take its toll in ways that affect your self-esteem. You may feel unloved or undervalued at times. You should try to avoid replacing self-love with food, or other indulgent activities, in particular limit intake of sugary foods and alcohol, which you may not tolerate very well. Try to find a balance between giving and receiving.

Some relationships, especially in the workplace, may exacerbate feelings of unworthiness that sometimes emerge when you are under stress, but overall you enjoy working with people. Try to remember your values and self-worth are valuable in their own right and do not depend upon what others might think, say, or do. You may be interested in a profession in the healing area, if so, it would probably be in areas that honour the self-worth of others: massage therapy, aromatherapy, or beauty therapy for example. Also try to experience some of these pleasures yourself on a regular basis. Areas to watch for the effects of stress include: the thyroid, neck, tonsils, kidneys, bladder, vocal chords and the skin. Bach flower remedies, aromatherapy, or a regular massage can help you maintain optimum health. Consider taking up singing or dance, which are excellent ways for you to express yourself.

### *Uranus is in the 6th House*

You may be prone to unusual health conditions as well as circulatory disorders, or nervous conditions. You are somewhat highly strung and need to learn to relax. Day-to-day stress, especially in the workplace, perhaps underlies these problems. This is especially true if you have no creative outlet, or you are doing a job that you have to do, rather than one in which you take enjoyment. For this reason it is important that you spend time doing other things that you do enjoy, away from work. Meanwhile, seek a future occupation that fulfils your unique aptitudes and talents. Failing to address this issue over a long period of time, pushing yourself into a work situation where you do not fit, will result in creating more stress and can lead to a mental or emotional breakdown. It is probably better for you to chop and change jobs, at least from an inner wellbeing point of view, if you are feeling this kind of stress. If you are in a position that you find stressful, but cannot change it in the short term, develop a longer-term view, but spend your free time in hobbies or activities that interest you. You may be prone to accidents, especially workplace accidents, so ensure you take care and do not rush through your duties in order to get them done quickly, so you can escape. Seek and find your special niche. You could develop cardio-vascular problems that are a result of prolonged stress, so it is important that you also learn to relax and laugh more.

### **Limiting the Impact of Chronic Stress**

The 6th House is the House of health and also of work. When planets form challenging

aspects to this House they can symbolise day-to-day obstacles and/or frustrations that we encounter which cause stress reactions that can impact on our health. Planets in hard aspect to the 6th House are often those that we find frustrating in some way. These aspects are often associated with health matters, especially chronic conditions and they also remind us how important it is to manage day-to-day stress.

However, your own chart does not have any planets that fall into this category. Therefore you will need to refer to the other sections of this report to find advice which is relevant to your chart.

### **Physical Energy and Exercise**

Iron, Cobalt, Chlorine, Folic Acid, Molybdenum, Selenium, Phosphorus, and Sodium, along with Fatty Acids and Vitamin B12 are associated with Mars. Mars is a primary masculine or yang archetype, associated with our physical energy and vitality. Mars also governs the adrenal glands, the sexual response, the blood and the muscles. So the position of Mars describes our physical energy, competitiveness and our passions. The usual action of Mars is direct, spontaneous and forceful.

Mars is also the planet associated with our ego. The location of Mars tells us how we go about getting what we want, or how we turn our desires into reality. Mars also represents how we handle ourselves when our desires are thwarted.

Used positively, Mars is associated with expressing our personal desires in spontaneous and creative ways and expressing our creative energy in ways that fulfil our desires. If too intense in its expression, Mars can be destructive, overly focused on ego, angry, hostile or aggressive. When under active, Mars can operate in a passive-aggressive fashion, or can result in a lack of drive and energy.

*Mars is in Libra*

*Mars is in the 7th House*

You can use your Mars energy in a variety of ways, but at times you can lack drive and may need the input of others to motivate you. Activities that suit your energy style involve combining sport and exercise with social contact. Team sports are therefore a good outlet for you. When you exercise, ensure that you drink enough water, as you can be prone to dehydration, cystitis or kidney conditions. You can be highly competitive and once you get into it, you find exercise enjoyable, but you can easily become sidetracked by your many commitments. At times you can become overly competitive and can get into heated debates if you feel unfairly treated. This can be counter-productive. Finding a partner with whom you can share your exercise routine can help you to stay focused.

Although it is important for you to share your interests with other people, paradoxically you can create conflict without meaning to. Sometimes you place too much importance on having the input, or approval of others, which can lead you to become frustrated, or angry with yourself, because you are giving away your power to others, in an attempt to be fair. Because you sometimes have difficulty expressing what you want directly, you

can over react and create unnecessary conflict. This in turn can make you stressed. Try to find a way to honour your own desires, while also permitting others their own autonomy.

## Healing Solutions



### Towards Health - The Journey Continues

Astrologically, Chiron is the archetype most associated with healing. In myth, Chiron was a wise centaur and a teacher of the healing arts. His wisdom comes from experience. Wounded accidentally by Hercules, Chiron's story is also symbolic of our own journey towards wholeness and healing. Chiron was a healer and teacher and also physician, prophet and musician. Named for this mythological healer, the small planet Chiron was discovered in 1977, heralding the arrival into consciousness of many new aspects of complementary medicine and alternative healing techniques, just as the mythological Chiron was adept in these natural arts and sciences. The position of Chiron in our Birth Chart reveals information about where we might get in touch with our inner healer. Chiron symbolises our wounds and painful experiences and it is also the agent via which we can return to full health and reclaim our sense of wellbeing. The location of Chiron reveals clues about how we experience wounding and how we can find healing, mentally, physically, spiritually and emotionally.

#### *Chiron is in the 1st House*

You are a sensitive soul whose journey towards wholeness may involve you in events that make you feel that you are singled out in some way.

It may be necessary for you to cross a threshold, perhaps some kind of pain barrier, emotional or physical, before you can embrace your own creative potential with full confidence. You may be defined in some way by a wounding event that calls into question your identity. As a result you may become a leader or pioneer. Even though being in charge and taking the initiative means facing your fears, you are capable of inspirational leadership and taking decisive action.

You may feel vulnerable, feeling that your pain and scars are visible to others. By being courageous, you will find the key to face life's challenges.

At times you perhaps feel a deep sense of isolation, or aloneness and feel that you have to push ahead on your own, without much support from others. But relationships will also

bring you opportunities to heal. Over time you will begin to forge supportive connections with others who may have undergone similar experiences. You will discover you have a rare gift to heal others as well as yourself.

### *Chiron is in Pisces*

You are a sensitive soul whose experiences may have a profound affect upon your sense of self. Your confidence and identity may suffer because your reality; that which you once believed was the truth, might later be revealed as something quite different. For example, you may have grown up in a cult or alternative community, or you may have a parent who has experienced drug problems or mental illness. Whatever your circumstances, you may feel a deep sense of loss, confusion, or disillusionment at some point.

You are probably more evolved and aware than you give yourself credit for. Because of your wounds, you may feel a bit lost and unsure of yourself, but over time you will become more aware that you possess rare and worthwhile gifts. Try not to feel obligated to continue with situations or connections that have a negative influence on your wellbeing, just for the sake of belonging.

The challenge you face is to get in touch with yourself and your own spiritual core. By doing this you will establish your own beliefs and more than likely discover that within you lies a highly creative and imaginative artist. At times you can feel you have lost your way and that you are simply going through the motions. If you feel depressed by the circumstances of your life, seek help and guidance. You are a highly intuitive and caring soul and helping others can be spiritually uplifting. Do not be tempted to escape your pain by medicating yourself with drugs or alcohol. Share your experiences by assisting people in similar circumstances.

The key to healing is to be found in your own spiritual journey. Possible options to explore include: Reiki, spiritual and energy healing, meditation or hypnotherapy. Most importantly, develop a meaningful life philosophy and embrace music, art and colour. Your capacity to give selflessly is second to none, but you need to give to yourself too. Once you embrace your spiritual centre, you will find wisdom.

### **Healing Inherited Patterns**

Chiron is the archetypal 'wounded healer' and his position in the horoscope reveals information about our journey towards wholeness and wellbeing. When other planets combine with Chiron, our healing journey takes on added significance. Specific wounds that we carry with us can also provide clues as to how we can find inner wisdom and ultimate healing.

### *Mercury is Opposite Chiron*

Your wounds are possibly connected to communication or learning. Perhaps you have trouble in these areas, perhaps as a result of your early in life at school. Perhaps you missed some important information in your school years, maybe owing to ill health. Both

respiratory conditions and digestive complaints may be associated with this combination, including allergic reactions. Communication problems such as stuttering or dyslexia may also relate to this aspect. As you move through life you will probably find that you grow out of these problems and develop a strong mind and a degree of wisdom. You may struggle with some of these issues but you can overcome them. Over time you may actually become a gifted teacher.

### *Pluto is Opposite Chiron*

Owing to the slow movement of the outer planets, it is important to note that these aspects can be present for a great many people and are therefore more often associated with cultural, or social conditions, rather than personal ones.

Today we are becoming more aware that humanity as a whole is at a crossroads. This aspect signifies issues pertaining to the ultimate survival of life on earth and healing of collective psychological issues that are shared by all.

Aspects between these planets are common. Chiron and Pluto were on opposite sides of the Earth during much of the 1960s when this deeper awareness first came into consciousness. For those touched by this awareness, healing the planet and related big picture issues, can become a major imperative and mission in life, especially if other personal planets are also in aspect to Chiron and Pluto.

## Key Parts of the Body

Each degree of the zodiac corresponds with a specific part of the body. The location of each planet in the Birth Chart will therefore represent certain physical areas. This section lists all the anatomical degrees of your Natal planets as well as the degree of the Ascendant and 6th House cusp.

Unfortunately, the exact meaning of a few of the terms in the anatomical degrees remains unclear, even after consultation by the translator, Jane Ridder-Patrick, with German medical colleagues. However, from the zodiacal area concerned, it is relatively simple to give a fairly reliable approximation. Although he did include them along with his own work, Reinhold Ebertin was of the opinion that these degree areas are not as reliable as those he himself used.

The 'azimene degrees' are also included in this list. These degrees, which are sometimes called degrees lame and deficient, come from William Lilly's Christian Astrology written in the 17th Century. Lilly says that blindness, deafness, lameness or any other crippling disability or deformity, can be explained by the person having the Ascendant, the Ascendant ruler, the Moon or the most important planet, in either the Natal Chart or the Decumbiture Chart (a chart for the onset of an illness), in any of the Azimene Degrees (weak or lame degrees).

Please note that some of these degree areas are gender specific, and will therefore not necessarily apply to you. It is important to also keep in mind that you probably won't have health problems with all of these physical areas, nor necessarily with any of them, but if you do have a health issue that relates to any of these degree areas, you may need to investigate the nature of this particular planet further, for specific healing.

*The Moon is located at the 18th degree of Aries*

Part of Body: Nerve connections - synapses

*The Sun is located at the 17th degree of Leo*

Part of Body: Right auricle

*Mercury is located at the 11th degree of Virgo*

Part of Body: Falciform ligament of liver, bile

*Venus is located at the 12th degree of Leo*

Part of Body: Vertebral column

*Mars is located at the 9th degree of Libra*

Part of Body: Nerve supply to kidney and renal pelvis

*Jupiter is located at the 20th degree of Aries*

Part of Body: Hyoid bone

*Saturn is located at the 20th degree of Aquarius*

Part of Body: Spinal nervous system

*Uranus is located at the 5th degree of Virgo*

Part of Body: Transverse colon

*Neptune is located at the 13th degree of Scorpio*

Part of Body: Vulva, Labia minora, glans penis

*Pluto is located at the 12th degree of Virgo*

Part of Body: Abdominal aorta

*Chiron is located at the 14th degree of Pisces*

Part of Body: Right cutaneous veins

*The North Node is located at the 21st degree of Cancer*

Part of Body: Inferior pancreatico-duodenal artery

*The Ascendant is located at the 9th degree of Pisces*

Part of Body: Right metatarsals

*The Midheaven is located at the 19th degree of Sagittarius*

Part of Body: Left femur

*The 6th house cusp is located at the 5th degree of Leo*

Part of Body: Left carotid artery

## Conclusion

### References Sources:

Eileen Nauman, *The American Book of Nutrition & Medical Astrology*, Astro Computing Services, San Diego, USA, 1982

Judith White and Karen Day, *Aromatherapy for Scentual Awareness*, Nascon & Sons Pty Ltd, Brighton Le Sands, NSW, 1992

### The Anatomical Degree Areas

Reproduced with permission from Jane Ridder-Patrick

The bulk of the information on the degree areas comes from the work of Elsbeth and Reinhold Ebertin which appeared in *Anatomische Entsprechungen der Tierkreisgrade*, and is reproduced by kind permission of the Hermann Bauer Verlag. The translation is by Jane Ridder-Patrick.

*A Handbook of Medical Astrology* by Jane Ridder-Patrick, 2nd Edition published by CrabApple Press, February 2006, gives a comprehensive overview of the subject.

For more information please refer to the website; [www.janeridderpatrick.com](http://www.janeridderpatrick.com)

### About the Author

This health and wellbeing report has been researched and written by Michele Finey. Michele is an astrologer, freelance writer, healer and hypnotherapist, based in Melbourne. Born in 1959, Michele developed an interest in the planets in childhood and began teaching herself astrology in 1980. After further study with the Melbourne School of Astrology, Michele gained an FAA Diploma and served on several FAA committees in the '80s and '90s. In the early '90s Michele qualified in Clinical Hypnosis and more recently gained an Arts Diploma in Professional Writing and Editing. Michele has written feature articles for numerous publications and is a member of the Association of Professional Astrologers. As well as having a fascination with astrology, Michele has developed skills in a wide range of associated intuitive arts and has a passion for the environment and the animals that share our planet. In writing this report, Michele has called on her own knowledge and experience accumulated over more than 25 years as an astrologer and has also used valuable texts written by respected specialists to source and check information. Michele can be contacted via her website at: [www.celestialinsight.com.au](http://www.celestialinsight.com.au)

## About the Artist

The illustrations in this report were created by Kay Steventon, who is a Melbourne based artist/astrologer. After graduating from R.M.I.T. in 1980 with a Diploma Fine Art, Kay gained the F.A.A. Professional Astrologer qualification, and *'Living The Tarot'* Diploma. Since 1966 Kay has had many solo and mixed exhibitions in Melbourne and overseas, specializing in symbolic art in 1992. Her first Tarot deck and book, *'The Spiral Tarot'*, was published in 1998. Kay's second Deck, *'Celestial Tarot'*, was published in 2003 with the Celestial book written by Brian Clark. A 52 card deck, *'Goddesses and Heroines'* was published in 2005, again a joint effort by Kay and Brian Clark.



**ABOUT THE PUBLISHER of this REPORT:** Karen Kay Pearson is a professional astrologer and teacher located in Cardiff NSW, Australia. She has a solid business back-ground with many years of Financial Marketing as Vice-President and International Creative Director working with large corporations in many countries. Karen has been a guest Lecturer for Universities Conferences and many Seminars. She is listed in the WHO'S WHO IN THE WORLD for her contribution to the growth of Direct Marketing.

She has been a student and Teacher of Ancient Wisdom for more than 20 years. She was Co-Founder of the Newcastle College of Esoteric Sciences. Interested in Astrology since she was 16 and several years later when she was in an old book shop overlooking the ocean where she lived she stumbled across a corner of the shop which had a couple of books on esoteric astrology and she was hooked - wanting to know more. Trying to master astrology all at once is like gripping a handful of water. One continues to learn astrology - it's a lifetime passion.

Karen is the past President of the Newcastle branch of the Federation of Australian Astrologers and one of the founding members of the Newcastle Astrological Network (NAN) and Co-Founder of C&K Nannette Group Vision bringing well known teachers to Newcastle for Workshops. Professionally, she see clients and specializes in readings for relationship, career, souls purpose and astro-counselling.

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